

Minutes from the SCFCNA meeting April 11, 2017

Members present: Anita Boland, Melody Heffline, Dawn Henderson, Jenny Holmes, Amy Goodson, Jettiva Belton, Helen Rigby, Doris Drayton, Jerdone Davis, Sharon Sellman, Nancy Reynolds, Ernie Lombard, Renatta Loquist, BJ Roof, Helen Collins

**Welcome:** Dawn Henderson opened meeting 11:04am

**Devotion:** Ernie Lombard—A world of wonders. Ernie shared of grandmother's impact on his life. He emphasized how we touch others and how they impact us.

**Program:** Centering Pregnancy by Beverly Huegel—This a program through the Palmetto Health USC system that looks at providing a setting where pregnant women can gain information, ask questions and develop relationships to encourage healthy pregnancies and babies.

She opened asking for introductions of the members present. She then shared statistics pointing out that the US has worst birth outcomes verses other countries. The information sited looked at preterm outcomes prior to 37 weeks. The Southeast US has issues with greater preterm birthrate. Risk factors include diabetes, hypertension, adult obesity that are more evident in the Southeast and are linked to poverty and ethnicity. She focused on the births financed by Medicaid and showed these to be heavily concentrated in the southeast area.

In SC, 60% all births are financed by Medicaid but then she pointed out how if is difficult to get Medicaid so there are likely more at risk. In 1983, Sharon Rising, a nurse midwife practitioner, saw problems with the disparity and wanted to spend more time with these mothers with education and support. She determined that meeting with large group at length and in depth with interaction and education would help to cover the need, and she developed a centering site. Greater that 50,000 moms have gone through the program. It includes health assessment, interactive learning, community building. After delivery, there is a celebration. Beverly gave a demonstration of adult learning. It was found that information retention occurs with discussion, practice doing, and teaching others, and these are the modalities that are used in the centering program.

Each meeting of the centering group includes private sessions where a physical assessment occurs and questions can be asked. Then there are the group sessions where the group goes over topics related to pregnancy with diet always emphasized. There are essential elements that constitute the centering program and all programs teach the same information.

For funding, there is a triple aim of health care: better care, better health, and lower cost to society. The centering program meets these aims. There is a great upfront cost to the program but the savings to society proves the programs worthiness. Within the results of all the centering groups, there is documentation of a decrease in preterm births and gestational diabetes.

**Approval of Minute:** Helen Collins made a motion to approve the minutes of the January 10 meeting as given and Jerdone Davis seconded the motion.

**Reports:**

**Treasurer's report:** The report is included and shows an ending balance \$13,701.63. No questions were raised.

**Nominations:**

**Secretary:** Resignation of the secretary position by Jerdone Davis.

Nomination of a secretary: Jenni Holmes volunteered to accept the secretary position. All members present approved the nomination and elected Jenny Holmes secretary.

**Education Committee:**

**Conference:** Renatta shared that the committee met and comprised of 10 members. The theme for the conference is: Faith and Health partnerships for Healthy Communities. For the pre-conference, there will be two 2 options. One for those who want to know nuts and bolts, and one for those who are further along in their practice to focus on spiritual care.

The key speaker will be Pastor Dogan. There is a hope that he will be able to draw in the community of pastors to the conference. Other Speakers will present after lunch.

Location will be Northeast Presbyterian Church

**Foundations Course:** Jenny Holmes reported that most of the participants for the conference this year March 2-4 were from low country. The host was First Presbyterian in Spartanburg. Jenny reported that there was a slight sleeping arrangements issue that got taken care of. Plans for next year: The course is scheduled for March 8,9,10 and the space is already reserved at First Presbyterian of Spartanburg. There was some discussion as to if the class would move around to different locations in the state. No final decision made on this. The course this year made a slight profit of \$12,000.

**Communication:** Website updated to include: 1) save the date for Carolinas Health Ministry Partnership conference to be Oct 15, 16, 17 in Kanuga, 2) HMA annual Conference September 11-13 in Kentucky, 3) Westburg on the road in Gwinnet, GA. Jenny shared that the HMA/ANA revision of Standards of Practice are in process.

**New Business:**

**Networking:** Amy Goodson from Am Med shared there was a state wide AHA new standard for Blood Pressure.

Doris Drayton has received certification for diabetes training site. The participants are to be 65 or older with Medicare and with diabetes. The sessions will be held at The First Nazareth Baptist church.

Jenny shared about using telehealth to monitor patients as well as the use of mediminder. She shared there are vouchers for mediminder in SC. Several shared about family experiences.

Nancy Reynolds shared that April 20 6-9 Museum lobby of planetarium. The SON will hold a silent auction. Tickets \$50 each.

Renatta Loquist shared that the Palmetto Gold banquet would be April 22

Midlands gives is May 2. Renatta encouraged members to go to [Midlands.gives.org](http://Midlands.gives.org) and donate to the SCNF. This fundraiser supports palmetto gold.

Meeting adjourned 1:45p

Next meeting will July 11 11a-2p at First Church of the Nazarene located at 901 St Andrews Rd